

Outdoor Recreation



Outdoor Adventure Series — Tuesdays

Meet some of your neighbors...your environmental neighbors. Come join us as we learn the benefits of protecting our ecosystem and environmental balance. Bring your blanket and picnic dinner to the southwest side of Kiwanis Lake, Mill Avenue and All-America Way for an evening of family entertainment. No registration is required. Fee: None.

6/3 7-9pm Outdoor Cooking
Maggie McClure, our outdoor cooking expert, will share recipes and demonstrate several cooking methods. Come and learn the secrets to make your next outdoor cooking experience a success.

6/10 7-9pm Poisonous Critters
"Fritz" Seifritz of the Maricopa County Sheriff's Office will share slides and valuable information on the identification of poisonous critters in our state. Live critters such as snakes and a Gila monster will be on display.

6/17 7-9pm Birds of Prey
Join James Driscoll of the Arizona Game & Fish Department to learn about the benefits of the various raptors that inhabit our desert.

6/24 7-9pm Summer Night Skies
Join Robert Wilson from the National Optical Astronomy Observatories as he reveals the mysteries of the Arizona Summer Night Skies. This presentation is enhanced through a captivating slide show and discussion. Participants will also have the opportunity to observe the vast regions of outer space through a high powered telescope.

7/8 7-9pm Fencing Demonstration
Enjoy an evening of adventure with a demonstrative performance from the ASU Fencing Club. Basic history, equipment, rules, and techniques will be discussed. Learn different forms of fencing such as Foil, Sabre, and Epee. Participants will have the opportunity to try one touch Epee.

Outdoor Classes and Workshops

Boating Safety Course-480-350-5201-This class taught by Arizona Game and Fish, is your passport to the open waterways. Learn about boating regulations, handling boating accidents, code violations, navigation, trailing watercraft and more! Fee: \$5.

KBS1-1C	16yrs+	T/Th	6/24&6/26	6-10pm	KRC
KBS1-2C	16yrs+	T/Th	7/22&7/24	6-10pm	KRC
KBS1-3C	16yrs+	T/Th	8/12&8/14	6-10pm	KRC

Container Gardening for Summer-480-350-5201-Learn about what you can grow in containers during the summer months, where to grow it and what type of container to plant in. Fee: \$10.

KGAR-2C	12yrs+	W	6/25	6-7pm	KRC
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House Plants-480-350-5201-All plants need light, water, nutrients and oxygen. Discuss your trials and tribulations and bring your questions for valley gardening expert, Cactus Jack! Fee: \$10.

KGAR-4C	12yrs+	W	7/9	6-7pm	KRC
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Irrigation to Conserve Water-480-350-5201-Learn how to keep your plants alive with proper watering and still save that precious resource. Fee: \$10.

KGAR-1C	12yrs+	W	6/18	6-8pm	KRC
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Rock Climbing and Rappelling-Basic instruction on fundamentals and techniques of climbing, as well as knot tying and methods of belaying. Adults 18 years+ only. Fee: \$44.

ORCL-8C	18yrs+	W	6/11-6/25	6:30-9:30 PM	ROC
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Discover Scuba-For those who think they might like to learn how to Scuba dive, this is your chance to "test the waters". This two-hour workshop will give you a hands-on look at what the sport is all about. You will learn about equipment, safety and certification requirements. Wear your swimsuit and bring a towel, you will be able to get into the pool with an instructor and try out the equipment. Fee: \$40.

ORCL-1C	16yrs+	T	6/10	6-8pm	OCP
ORCL-2C	16yrs+	Th	6/19	6-8pm	OCP
ORCL-3C	16yrs+	T	6/24	6-8pm	OCP
ORCL-4C	16yrs+	Th	7/10	6-8pm	OCP
ORCL-5C	16yrs+	T	7/15	6-8pm	OCP
ORCL-6C	16yrs+	Th	7/24	6-8pm	OCP

Summer Turf Care 480-350-5201-Learn the best times of day to water and how much, when and what to fertilize with and the optimum height to mow the lawn. Fee: \$10.

KGAR-3C	12yrs+	W	6/11	6-7pm	KRC
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Tempe's National Trails Day Hike 2003 480-350-5200
Saturday, June 7, 7am

See complete description in Activities for Families section, p. 22.

Rowing

Juniors Rowing-Junior refers to high school age rowing or, anyone 18 years old or younger. Rowers spend their first year as a Novice rower, learning the skills, the mentality and gaining physical fitness to produce a smooth, stable boat. At competitions, Novice rowers race against other rowers that are in their first year of rowing, leveling the playing field and creating some exciting race opportunities.

After completing the novice year, rowers enter into the varsity class to improve skills, fitness and focus on upcoming races. There is more emphasis on boat selection and A squads and B squads are formed.

Novice Row-Juniors-Come join the Novice rowing team and develop your rowing skills in a team sport environment. The novice year focuses on improvement of the rowing stroke and training for racing. Float tests* will be held on 6/2/2003 at a local pool. Recommended 1-year participation. Fee: \$80.

OROW-1C	13yrs+	M/W/F	6/2-8/1	6-8am	TTL
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• Important note about the float test-

The float test will be held at a local pool (location TBA prior to each class). Students will be asked to float, tread water, and/or swim unassisted for 10 minutes. Please come with shorts and a long-sleeve shirt to test in (no sweats please) and a change of clothes. There will be a video presentation on safety and rowing during the float test class session, as well.

480-350-5200

See page 2 for Code of Location Abbreviations.

Varsity Row-Juniors-Designed for rowers that have completed their novice year, Varsity Row fine-tunes the skills you have learned to create fast racing boats. This course is repeatable. Fee: \$80.

OROW-2C	13yrs+	M/W/F	6/2-8/1	6-8am	TTL
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Adult Rowing-Adult Rowing encompasses anyone who is 18 years old or older. Whether you are an accomplished competitive rower or if you have never seen a rowing shell before, we have a class for you.

- Beginners will take the Learn to Row I course to get introduced to the very basics of rowing. Learn to Row II will allow you to improve your newfound skills (or remember your old rowing skills!) and prepare to join the Novice Rowing Program. The Novice Rowing Program gives you the opportunity to row as a team, form boats and, possibly, put your skills to the test at one of our local rowing races.
- Fitness/Intermediate rowing focuses on the enjoyment of rowing a shell and getting a great workout in the process.
- Masters Rowing is for those who have had one or more years of rowing experience. This group focuses on competitive rowing and traveling to regional races.

Learn to Row I-Always wanted to try rowing? This class is for you! Designed exclusively for first time rowers, this course will lead you through the basics of rowing a four or eight person shell. Safety, boat handling, proper rowing technique and developing fitness are stressed. Participants must be able to pass the 10 minute float test* and have a basic level of fitness. The first class will meet at a local pool for the float test and safety video presentation. Attendance of the first three classes is mandatory. Fee: \$100.

OROW-3C	18yrs+	S/Su	6/7-6/29	7-9am	TTL
OROW-4C	18yrs+	S/Su	7/12-8/3	7-9am	TTL
OROW-5C	18yrs+	M/W	6/2-6/25	6:30-8:30pm	TTL
OROW-6C	18yrs+	M/W	7/7-7/30	6-8pm	TTL

Learn to Row II-Your next step in rowing! The focus is building on the skills learned in Learn to Row I and gaining the confidence and knowledge to progress to Novice Rowing. More emphasis is placed on fitness and precision. Fee: \$100.

OROW-7C	18yrs+	S/Su	6/7-6/29	9-11am	TTL
OROW-8C	18yrs+	S/Su	7/12-8/3	9-11am	TTL
OROW-9C	18yrs+	T/Th	6/3-6/26	6:30-8:30pm	TTL
OROW-10C	18yrs+	T/Th	7/8-7/31	6-8pm	TTL

Adult Novice Rowing Program-Completed Learn to Row and you want more? Join rowers like yourself and continue the learning process. This follow-up class to LTR places even more emphasis on skill building and fitness development. Students are encouraged to repeat this course in preparation for advancement to higher levels. Fee: \$100.

OROW-11C	18yrs+	S/Su	6/7-8/3	5-7am	TTL
OROW-12C	18yrs+	T/Th	6/3-7/31	5-7am	TTL
OROW-13C	18yrs+	T/Th	6/3-7/31	6:30-8:30pm	TTL

Adult Intermediate / Fitness Row-For the rower who has completed Novice rowing and wants to gain more experience. Intermediate/Fitness rowing will challenge rowers to improve skills and develop a strong cardiovascular fitness base. 6 months to 1 year rowing experience recommended. This class is repeatable. Fee: \$100.

OROW-14C	18yrs+	M/W/F	6/2-8/1	6:30-8:30pm	TTL
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Masters Rowing Program-This course is designed with the serious competitive athlete in mind. Rowers with 1+ years of experience learn and practice racing techniques and strategy. Boat speed and excellence in rowing skills are stressed in this class. Fee shown below.

OROW-15C	18yrs+	M/W/F	6/2-8/1	5-7am	\$100 TTL
OROW-16C	18yrs+	S/Su	6/7-8/3	5-7am	\$82 TTL

Register online at www.tempe.gov/brochure/ or come into the Rio Salado Operations Center at 620 N. Mill or the Tempe Public Library (2nd Level) to register.

Outdoor Recreation

480-350-5200

See page 2 for Code of Location Abbreviations.

Kayak

Kids Kayak School-It's summer and time to play in the water! Every summer we strive to bring up the next generation of paddlers. Arizona Canoe & Kayak Kids n' Kayak program runs all summer long and introduces little paddlers to safe, fun and rewarding paddling experience. Bring a swimsuit, dry clothes and towel. Parents are welcome poolside to watch and talk. We'll have fun, drinks, snacks, boats and gear.

Level 1-The Basics-Kids learn how to launch kayaks, wet-exit, perform bow rescues, strokes and play wet fish tag. Paddlers must complete Level 1 to attend Level 2. Fee: \$50.

OPAD-1C 12-16yrs M/W/F 6/2,4,6 4-6pm AZCK
OPAD-2C 12-16yrs M/W/F 6/16,18,20 4-6pm AZCK
OPAD-3C 12-16yrs M/W/F 7/21,23,25 4-6pm AZCK

Level 2-The Eskimo Roll-At the next level of paddling we introduce hip wiggles, the Eskimo roll and advanced boat handling technique. Paddlers must have completed Level 1 to attend Level 2. Fee: \$50.

OPAD-4C 12-16yrs M/W/F 6/9,11,13 4-6pm AZCK
OPAD-5C 12-16yrs M/W/F 6/23,25,27 4-6pm AZCK
OPAD-6C 12-16yrs M/W/F 7/28,30 8/1 4-6pm AZCK

The summer fun starts
week of June 2!
See page 4 to register.

Activity Dates: Classes begin week of June 2
unless otherwise noted within class description.
See page 2 for Code of Location Abbreviations.

Please Note...

These programs are designed for children and adults with disabilities. Individuals may register at the Pyle Adult Center, 655 E. Southern, or online at www.tempe.gov/pkrec/ For more information call Linda Cano, CTRS, at (480) 350-5260 or TDD 350-5050.

Special Swimmers-

Learn to swim with certified instructors. Participants must not be afraid of the water. Fee: \$20.

SPEC-1C 5-14yrs M 6/16-7/14 5:45-6:30pm KRC

Dance & Movement-

Explore different ways to move your body to a variety of music styles. This class offers an opportunity for participants with special needs, friends or family members to groove together in a fun environment. Fee: \$9.

SPEC-2C all ages M 6/9-7/28 7-8pm PAC

Summer Scuba-

Experience the excitement of scuba diving in the safety of the pool! You'll get to wear specialized equipment under water with staff supervision. This one-day class will be held at Ocean Planet, 107 E. Broadway. Wear your swimsuit and bring a towel and a change of clothes. Fee: \$12.

SPEC-3C 13yrs+ F 7/18 6-8pm OCP

UNIFIED BOWLING PROGRAM

A fun unified sports program that provides a great way for athletes with and without disabilities to participate together.

Location: AMF-Tempe Village Bowling Ctr.
4407 S. Rural Road
(behind Denny's)

Dates: Saturdays, June 7 - July 26
Time: 9:30am



River Kayak Classes-Ever wanted to learn how to roll a kayak? Arizona Canoe and Kayak classes are designed for beginners interested in learning how to paddle and roll kayaks. This 16-hour class teaches you how to fit and select gear, basic strokes, wet exists, bow rescues, Eskimo roll and boat handling technique in preparation for white water. No prior experience necessary. Bring your swimsuit and towel and prepare to have fun! Kayaks, equipment and PFDs provided. Fee: \$185.

OPAD-7C 16yrs+ Sa/Su 5/31,6/1 8am-12pm AZCK
Sa/Su 6/7,6/8 5-9pm
OPAD-8C 16yrs+ M/W 6/16,18,23,25 6-10pm AZCK
OPAD-9C 16yrs+ M/W 6/30,7/2,7,9 6-10pm AZCK
OPAD-10C 16yrs+ Sa/Su 7/19,20,26,27 8am-12pm AZCK
OPAD-11C 16yrs+ M/W 7/21,23,28,30 6-10pm AZCK
OPAD-12C 16yrs+ Sa/Su 8/2,3,9,10 6-10pm AZCK
OPAD-13C 16yrs+ Sa/Su 8/23,24,30,31 8am-12pm AZCK

Sea Kayak Classes-Come out and give sea kayaking a go in this 16-hour course designed for the first-time paddlers. Arizona Canoe and Kayak introduces you to low-risk and fun sea kayak technique. Learn skills ranging from fitting and selecting equipment and kayaks to assisted and solo re-entry methods. Learn basic skills needed to develop a clean wet-exit and Eskimo roll. No prior experience necessary. Bring your swimsuit and towel and prepare to have fun! Kayak and equipment provided. Fee: \$185.

OPAD-5B 16yrs+ W/F 5/21,23,28,30 6-10pm AZCK
OPAD-14C 16yrs+ Sa/Su 6/21,22,28,29 8am-12pm AZCK
OPAD-15C 16yrs+ M/W 8/18,20,25,27 6-10pm AZCK

Adapted Recreation

BUDDY BOWLING LEAGUE

Who: 15 years and up
Bowling Fee: \$5 each week for 3 games, shoes and league prizes*
(*\$2 each week if absent)

Registration Fee: \$20

JUNIOR BOWLING LEAGUE

Who: 7-14yrs
Bowling Fee: \$4 each week for 2 games, shoes and league prizes*
(*\$2 each week if absent)

Registration Fee: \$20

CAMP CHALLENGE SUMMER DAY CAMP and CAMP ACTION KIDS *New!*

Camp Challenge Summer Day Camp-is for children ages 5-22 with disabilities. Campers get to enjoy arts & crafts, swimming and field trips, as well as many other adventures!

Camp Action Kids-is geared towards middle- to high-school aged children with higher-functioning disabilities, such as autism, mild MR & learning disabilities. Children in this camp will participate in sports, bowling and swimming, as well as activities that will aid in reinforcing daily life skills, social skills and job skills.

Location: Fuller Elementary, 1975 E. Cornell
Dates: M-Th, June 3- 26 (session I)
M-Th, July 7 - 24 (session II)
(No program July 1-5)
Time: 8am-2pm
Fee: \$90 session I
\$70 session II

Individuals may register at the Pyle Adult Center or at the Parks and Recreation Office on the 2nd floor of the Tempe Library. Call the Adapted Recreation Office at (480) 350-5260 for more information.



Fabulous Friday Dances!-Dances are held the second Friday of every month for individuals ages 13 and over.

When: June 13 Jungle Safari
July 11 All America Day
August 8 Ice Cream Social
September 12 Baseball Tailgate Party

Time: 6:30-9pm
Where: Pyle Adult Center, 655 E. Southern
Fee: \$2, includes admission, drinks, snacks & door prizes

TEAM TEMPE Special Olympics

Coming up: Special Olympics swim practices will begin in June. Call the Adapted Recreation Office for practice days, times and location. Swimmers will be invited to attend several Special Olympics competitions; however we will NOT be going to the AZ State Special Olympics Fall Championships in October. If desired, the Adapted Recreation staff will help athletes to register as Independents.

Special Olympics golf practices will begin on Wednesday, July 16. Practices will be held at the Rolling Hills Golf Course, 1415 N. Mill Ave, from 6-8pm.

The registration fee for each sport is \$20. You must be a minimum of 8 years of age and have a current Special Olympics Medical Release to participate.